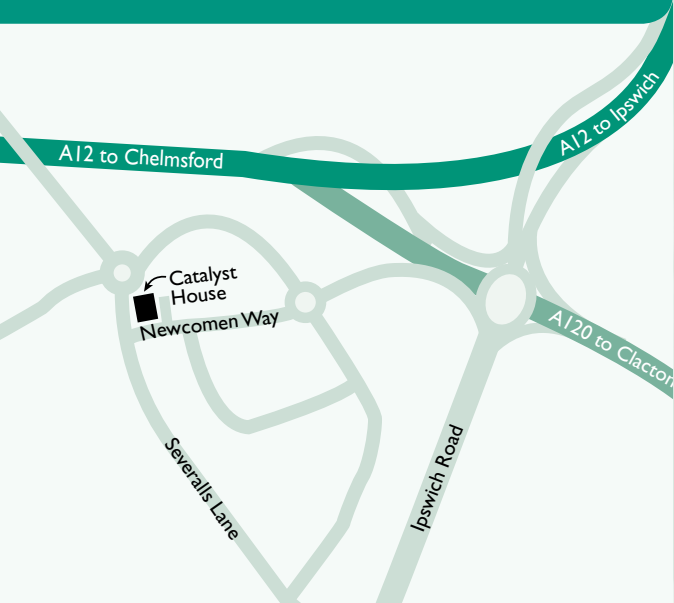


How to find us



Independent Living Centre

Catalyst House
Newcomen Way
Colchester Business Park
Colchester CO4 9YR

Tel: 01206 518888

Fax: 01206 518830

Textphone: 01206 518808

Parking bays are available for visitors with disabilities. These are located immediately outside the main entrance.

Opening hours

Monday - Thursday
9.30am - 4pm

Friday
9.30am - 3.30pm

Saturday - Sunday
Closed



In partnership with:

colchester **catalyst** charity 

ESSEX
EQUIPMENT
SERVICE


Essex County Council

North East Essex **NHS**
Primary Care Trust



The key aims of the centre are to:

- promote independent living for adults and children with physical and/or sensory impairments, enabling choice, control and easy access to a range of services
- provide information to carers and professionals and anyone concerned with disability.



Adapted bungalow

Offers a purpose-built suite displaying products for:

- bathing
- showering
- toileting
- eating/drinking
- chairs
- beds
- telephones and alarms
- stairlifts
- hoisting.

An occupational therapist will be available, by appointment, for advice and assessment on all equipment. We are also able to provide information about housing adaptations.



Telecare suite



The bungalow also contains a state-of-the-art demonstration facility for both telecare and environmental controls.

These products are designed to help people live at home independently and can monitor for fire, flood and falls, and call for help without any intervention from the user.

This user-friendly technology is also able to help you turn appliances on or off, unlock your door to allow visitors in and open windows or draw curtains.

Other services at ILC

- Nurse - Led Heart Failure Service
- Community Cardiac Rehabilitation team
- Community Adult Speech and Language Therapy Team
- Wheelchair services (loan and provision)
- Essex Blind Charity Display Stand
- Falls prevention service
- Colchester Catalyst Charity
- Manual handling training
- Open days for various topics
- Training facilities are available for hire
- Patient and public involvement forum.

The centre will provide information on a wide range of topics, including:

- advocacy
- assessment
- benefits
- carers
- employment
- legislation
- local support groups
- national/local services
- transport.

